



HS K-8 SNP MENU – MAY 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
BREAKFAST MEAL			WG Bagel w/Cream Chs (2 oz) 1/2 c Pears, ¼ c Craisins	WG Pancake w/Rasp Syrup 1 Banana + ½ c Apple Juice	WG Gran w/Cherry Yog (5 oz) ½ c Oranges, ½ c Strawberries
Lunch MMA			Chicken Philly 3/4 c Cucumbers (Otr) ½ c Pears WG Hoagie(2 oz)	BBQ Chicken Leg (4 oz) 3/4 c Chick Peas (Leg) 1 Apple WG Bro Rice(4 oz)+ Roll(2 oz)	WG Cheese Pizza (1 Slice) 3/4 c Carrots w/Ranch (R/O) 1 Banana Grain in Crust (2 oz)
Veg					
Fruit					
Grain					
	6	7	8	9	10
BREAKFAST MEAL	WG Bagel w/CrmChs (2 oz) ½ c Sliced Apples + 1 Banana	WG Cin Toast Crun Bowl (1 oz) 1 Apple + ½ c Pineapples	WG Apple Bites (2 oz) 1 Banana + ½ c Sliced Peaches	WG Mini Waffles (2 oz) 1 Orange + ½ c Pears	WG Gran w/Straw Yog (5 oz) 1 Apple + ½ c Orange Juice
Lunch MMA	Beef Quesadilla (1 1/8 c) 3/4 c Corn (Starch) 1 Banana Nachos (2 oz)	WG Chicken Nuggets (3 oz) 3/4 c Spinach (Dark Grn) 1 Orange WG Tortilla (2 oz)	Philly Cheesesteak 3/4 c Cucumbers (Otr) ½ c Pears WG Hoagie (2 oz)	Chicken Nachos 3/4 c Black Beans (Leg) ½ c Pineapples WG in Chicken + Roll (2 oz)	WG Cheese Pizza (1 Slice) 3/4 c Carrots w/Ranch (R/O) 1 Banana Grain in Crust (2 oz)
Veg					
Fruit					
Grain					
	13	14	15	16	17
BREAKFAST MEAL	WG Banana Muffin (2 oz) 1 Orange + 1 Apple	WG Cin Toast Crun Bowl (1 oz) 1 Apple + ½ c Pineapples	Soft Filled CTCB (2 oz) 1 Banana + ½ c Sliced Peaches	WG French Toast Sticks (3 oz) 1 Banana + ½ Apple Juice	WG Gran w/Cherry Yog (5 oz) 1 Apple + ½ c Orange Juice
Lunch MMA	Turkey Gyros w/Cuc Sauce 3/4 c Corn (Starch) 1 Banana WG Pita (2 oz)	Teriyaki Chicken (2.8 oz) 3/4 c Broccoli (Dark Grn) 1 Orange Brn Rice (4 oz) + Roll (1 oz)	SS Meatball Sub 3/4 c Green Beans (Otr) ½ c Pears WG Hoagie (2 oz)	BBQ Chicken Tenders (3 oz) 3/4 c Chick Peas (Leg) 1 Apple WG Bun (2 oz)	WG Cheese Pizza (1 Slice) 3/4 c Carrots w/Ranch (R/O) 1 Banana Grain in Crust (2 oz)
Veg					
Fruit					
Grain					
	22	23	24	25	20
BREAKFAST MEAL	WG Bagel w/Crm Chs (2 oz) ½ c Sliced Apples + 1 Banana	WG Chocolate Cres Roll (2.29 oz) 1 Apple + ½ c Pineapples	WG Apple Bites (2 oz) 1 Banana + ½ c Sliced Peaches	WG French Toast Bites (3 oz) 1 Orange + ½ c Pears	WG Gran w/Straw Yog (5 oz) 1 Apple + ½ c Orange Juice
Lunch MMA	WG Chicken Tenders (3.5 oz) 3/4 c French Fries (Leg) 1 Banana WG in Tender + Roll (2 oz)	Beef Meatsauce (3 oz) 3/4 c Broccoli (Dark Grn) ½ c Applesauce WG Pasta(4 oz) = 2 oz	Chicken Sandwich 3/4 c Celery (otr) ½ c Pears WG Bun (2 oz)	Beef Nachos 3/4 c Baked Beans (Leg) 1 Apple Nachos (2 oz)	WG Cheese Pizza (1 Slice) 3/4 c Carrots w/Ranch (R/O) 1 Banana Grain in Crust (2 oz)
Veg					
Fruit					
Grain					
	27	28	29	30	31
BREAKFAST MEAL	WG Bagel Bites (2 oz) ½ c Oranges, ½ c Apple Juice	WG Blueberry Muffin (2 oz) ½ c Peaches, ½ c Orange Juice	Soft Filled CTCB (2 oz) 1/2 c Pears, ¼ c Craisins	WG Pancake w/Rasp Syrup 1 Banana + ½ c Apple Juice	WG Gran w/Cherry Yog (5 oz) ½ c Oranges, ½ c Strawberries
Lunch MMA	Orange Chicken (4 oz) 3/4 c Corn (Starch) 1 Banana WG Brown Rice (4 oz) = 2 oz	BBQ Drumstick (5.15oz) 3/4 c Spinach (Dark Grn) 1 Orange WG Roll (2 oz)	Chicken Quesadilla 3/4 c Brussels Sprouts (Otr) 1 Pear WG Tortilla (2 oz)	Spaghetti M/Sauce (8 oz) 3/4 c Black Beans (Leg) 1 Apple Grain in Nood + WG Roll (1 oz)	WG Cheese Pizza (1 Slice) 3/4 c Carrots w/Ranch (R/O) 1 Banana Grain in Crust (2 oz)
Veg					
Fruit					
Grain					

Breakfast fruit is at least a combined total of 3/4 c – All veg is 3/4 c. –No pork/pork by products, fish or nuts served. Breakfast and Lunch meals include skim, 1% milk or FF Flavored Milk. **All menu change requests and inquiries must be submitted via email to st.paulrestaurant@gmail.com**